

Pain Chart

Print Name _____ Today's Date _____

Please mark area(s) of injury or discomfort as shown below in the example.

**IN CASE OF ACCIDENT,
INJURY, OR SUDDEN
CHANGE IN YOUR
CONDITION**

Please give us the information listed below. Be sure to tell us what happened, where, when, and how the problem occurred. If you were hospitalized or received treatment elsewhere, please give details.

Purpose of This Appointment (Problem)

The Major Complaint came on

Gradually Suddenly

Is This a Result of a Fall, Accident, Injury (Please Describe):

How does this pain affect your daily life?

Signature: _____

Address: _____

Date Of Birth: _____ Date of Onset: _____

PAIN SCALE

Please circle the number that best describes your pain

0	1	2	3	4	5	6	7	8	9	10
NONE			LITTLE			MEDIUM			SEVERE	

Numbness

Aching

X X X X X

Pins & Needles

O O O O O

Stabbing

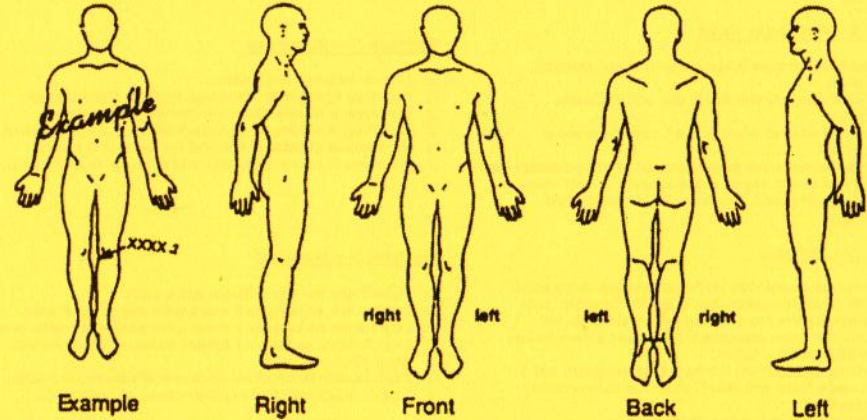
• • • • •

Burning

^ ^ ^ ^ ^

Spasm

o o o o o



Height _____ Weight _____

Balance/Weight Distribution _____ Right/Left _____

Reflexes Right _____ Left _____

Temposcope _____

Muscle Spasm _____ Fixation _____

Derefield Sign _____ Sacral Check _____

Other _____

Tenderness _____

ROM-C _____ L _____

Goal SYMPTOM REDUCTION - INCREASE MOBILITY
 DECREASE SPASM - BALANCE SPINE - IMPROVE STRENGTH

Other: _____

Treatment Plan _____